

FIRST AID TRAINING

In every Workplace there shall be provided, maintained and readily available and accessible in every first aid box or cupboard required under section 50(1) of the Act items in accordance with the following –

(a) In every Workplace in which the number of employees does not exceed ten—

(i) A copy of the first-aid leaflet (L.D. 250/1) issued by the Directorate of occupational safety and health.

(ii) A sufficient number (not less than six) of small sterilized unmedicated dressings for injured fingers;

(iii) A sufficient number (not less than three) of medium sized sterilized unmedicated dressing for injured hands or feet;

(iv) A sufficient number (not less than three) of large sterilized unmedicated dressings for other injured parts;

(v) A sufficient number (not less than twelve) of adhesive wound dressings of a suitable type and of assorted sizes;

(vi) a sufficient number (not less than two) of triangular bandages of unbleached calico, the longest side of which measures not less than one hundred and thirty centimetres and each of the other sides not less than ninety-one centimetres.;

(vii) A sufficient supply of adhesive plaster;

(viii) A sufficient supply of absorbent sterilized cotton wool in fourteen gramme packets;

(ix) A sufficient supply of Workplace Eye Drops, B.P.C.;

(x) A sufficient number (not less two) of sterilized eye pads in separate sealed packets;

(xi) A tourniquet; and

(xii) A sufficient supply of safety pins;

(b) In every Workplace in which the number of employees exceeds ten but does not exceed fifty--

(xiii) A copy of the first-aid leaflet (L.D. 250/1) issued by the Directorate of occupational safety and health;

(xiv) A sufficient number (not less than twelve) of small sterilized unmedicated dressings for injured fingers;

(xv) A sufficient number (not less than six) of medium sized sterilized unmedicated dressing for injured hands or feet.

(xvi) A sufficient number (not less than six) of large sterilized unmedicated dressings for other injured parts;

(xvii) a sufficient number (not less than twenty four) of adhesive wound dressings of a suitable type and of assorted sizes;

(xviii) A sufficient number (not less than four) of triangular bandages of unbleached calico, the longest side of which measures not less than one hundred and thirty centimetres and each of the other sides not less than ninety-one centimetres;

(xix) A sufficient supply of adhesive plaster;

(xx) A sufficient supply of absorbent sterilized cotton wool in fourteen gram packets;

(xxi) A sufficient supply of Workplace Eye Drops, B.P.C;

(xxii) A sufficient number (not less four) of sterilized eye pads in separate sealed packets;

(xxiii) A tourniquet; and

(xxiv) A sufficient supply of safety pins

(c) In every Workplace in which the number of employees exceeds fifty--

(i) A copy of the first-aid leaflet (L.D. 250/1) issued by the Directorate of occupational safety and health;

(ii) A sufficient number (not less than twenty four) of small sterilized unmedicated dressings for injured fingers;

(iii) A sufficient number (not less than twelve) of medium sized sterilized unmedicated dressing for injured hands or feet.

(iv) A sufficient number (not less than twelve) of large sterilized unmedicated dressings for other injured parts;

(v) A sufficient number (not less than thirty six) of adhesive wound dressings of a suitable type and of assorted sizes;

(vi) A sufficient number (not less than eight) of triangular bandages of unbleached calico, the longest side of which measures not less than one hundred and thirty centimetres and of the other sides not less than ninety-one centimetres;

(vii) A sufficient supply of adhesive plaster;

(viii) A sufficient supply of absorbent sterilized cotton wool in fourteen gram packets;

(ix) A sufficient supply of Workplace Eye Drops, B.P.C;

(x) A sufficient number (not less eight) of sterilized eye pads in separate sealed packets;

(xi) A tourniquet; and (xii) (xii) a sufficient supply of safety pins;

3. All materials for drugs and dressings contained in first aid boxes or cupboards shall be those designated in, and of a grade or quality not lower than the standards specified by the British Pharmaceutical Codex or any supplement thereof.

4. Every first aid box or cupboard shall be plainly and clearly marked on the outside with the words "FIRST AID".

5. (1) In every Workplace where there are more than ten but less than fifty employees, there shall be at least to persons trained in first aid and at least one such person shall always be available in the Workplace at all times during all working hours.

(2) In every Workplace where there are more than fifty but less than one hundred employees there shall be at least three persons trained in first aid and at least one such person shall always be available in the Workplace at all times during all working hours.

(3) In every Workplace where there are more than one hundred employees there shall be at least three persons trained in first aid, plus one additional person for each extra hundred employees (or part thereof) beyond the first 100 employees, and two such trained persons shall always be available in the Workplace at all times during working hours.

6. In every Workplace where more than five hundred persons are employed there shall be a first aid room which shall always be open and manned by a trained nurse during working hours.

7. No person shall be placed in charge of a first aid box or cupboard unless he or she has received adequate training in the application of first-aid to the injured persons and holds a certificate of competence

issued by –

- (i) The St. John Ambulance of the St. John Council of Kenya, or
- (ii) The Kenya Red Cross Society, or
- (iii) Such other body or society as may be approved from time to time, by the Labour Commissioner:

Provided that any certificate of competence issued in accordance with this paragraph shall be valid for one year only and must be renewed annually.

Any person who commits an offence under this section shall on conviction be liable to a fine not exceeding three hundred thousand shillings or to imprisonment for a term not exceeding three months or to both. Where the contravention in respect of which a person is convicted is continued after the conviction, shall that person subject to the provisions of section 110, be guilty of a further offence and liable in respect thereof to a fine not exceeding ten thousand shillings for each day on which the contravention is so continued. Don't wait for the government officers to enforce the non-compliance with the law.

Please book for the **first aid training** now. Our **prices** are in the prices tab. You can also **get in touch** for any enquiry.